

# Primary Spring/Summer 2019 Menu

## Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	<b>Tomato &amp; Mozzarella Pizza **</b> <i>with Jacket Wedges</i>	<b>Roast Chicken</b> <i>With Roast Potatoes and Gravy</i>	<b>BBQ Beef Meatballs</b> <i>served with Pasta **</i>	<b>Roast Gammon</b> <i>with Creamed Potatoes and Gravy</i>	<b>Golden Fish Fingers &amp; Chips</b> <i>Breaded Fish Fingers with Chips</i>
<b>Alternative Dish</b>	<b>Marinated Chicken Flatbread</b>	<b>Pasta Bolognese **</b>	<b>Roast Chicken Bap</b>	<b>Beef Chilli Tortilla Wrap</b>	<b>Salmon Fishcakes ***</b> <i>with Chips</i>
<b>Vegetarian Dish</b>	<b>Tomato and Basil Pasta</b> <i>With Bread Wedge</i>	<b>Country Vegetable Pie</b> <i>With Roast Potatoes and Gravy</i>	<b>Veggie Hotdog</b> <i>with Cajun Wedges</i>	<b>Quorn Roast</b> <i>with Roast Potatoes</i>	<b>Vegetable Lasagne</b> <i>with Chips</i>
<b>Vegetables</b>	<b>Crunchy Coleslaw Peas</b>	<b>Carrots Cauliflower</b>	<b>Sweetcorn Broccoli</b>	<b>Carrots Cabbage</b>	<b>Sweetcorn Baked Beans Mixed Salad</b>
<b>Desserts</b>	<b>Flapjack</b> <i>with Fruit Slices*</i>	<b>Chocolate Sponge Cake</b> <i>with Custard</i>	<b>Pear Upside Down Cake *</b> <i>with Custard</i>	<b>Ice Cream</b>	<b>Crunchy Chocolate Biscuit</b>

Cold Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

\*Fruit Based \*\*Wholegrain \*\*\*Oily Fish

Jacket Potatoes available daily with a choice of toppings

Freshly made Sandwiches with a choice of fillings

Salad Bar



# Primary Spring/Summer 2019 Menu

## Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Chicken, Pea & Potato Bake	Pork Sausages <i>with Cheesy Mashed Potato And Gravy</i>	Beef Cobbler <i>With New Potatoes</i>	Roast Turkey <i>with New Potatoes and Gravy</i>	Crispy Fish & Chips <i>Crispy Battered Pollock with Chips</i>
Alternative Dish	Veggie Toad in the Hole	Mexican Chicken Mac Pot	Beef Chilli <i>With Wholegrain Rice**</i>	Beef Lasagne	Panini/Wrap Day Served with a selection of fillings
Vegetarian Dish	Tomato & Mozzarella Pizza ** <i>with Jacket Wedges</i>	Vegetarian Sausages <i>with Creamed Potato and Gravy</i>	Quorn Balls <i>In Tomato Sauce</i> With Pasta**	Cauliflower and Creamed Corn Bake <i>With Creamed Potatoes and Gravy</i>	Baked Bean and Cheese Quesadilla (folded tortilla wrap) <i>with Chips</i>
Vegetables	Crunchy Coleslaw Peas	Green Beans Carrots	Broccoli Sweetcorn	Cabbage Carrots	Peas Baked Beans Mixed Salad
Desserts	Chocolate & Banana Muffin	Strawberry Sponge Swirl	Brownie Cake <i>With Fruit Salad*</i>	Oatie Cookie <i>With Fruit slices*</i>	Ice Cream

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Freshly made Sandwiches with a choice of fillings

Salad Bar



# Primary Spring/Summer 2019 Menu

## Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	<b>Chicken &amp; Sweetcorn Pie</b> <i>With Garlic &amp; Herb Bread Wedges</i>	<b>Roast Beef</b> <i>With Roast Potatoes and Gravy</i>	<b>Beef Burger in a Bun</b> <i>With Jacket Wedges</i>	<b>Roast Turkey</b> <i>With Creamed and Gravy</i>	<b>Golden Fish Fingers &amp; Chips</b> <i>Breaded Fish Fingers with Chips</i>
<b>Alternative Dish</b>	<b>Chicken Tikka Masala Pot</b>	<b>Chicken Pizzadilla</b> (tortilla pizza)	<b>Roast Beef Bap</b>	<b>Mac 'N' Cheese</b> <i>Macaroni Cheese</i>	<b>Tomato &amp; Mozzarella Pizza</b> <i>Served with chips</i>
<b>Vegetarian Dish</b>	<b>Tomato &amp; Mozzarella Pizza **</b> <i>with Pasta Salad**</i>	<b>Quorn Roast</b> <i>With Roast Potatoes and Gravy</i>	<b>Sweet Potato &amp; Chickpea Burger</b> <i>With Potato Wedges</i>	<b>Cheesy Bubble &amp; Squeak</b> <i>with Creamed Potato with Gravy</i>	<b>Quorn Dipper</b> <i>With Chips</i>
<b>Vegetables</b>	<b>Fresh Garden Salad</b> <b>Sweetcorn</b>	<b>Carrots</b> <b>Cabbage</b>	<b>Crunchy Coleslaw</b> <b>Sweetcorn</b>	<b>Cauliflower</b> <b>Carrots</b>	<b>Baked Beans</b> <b>Peas</b> <b>Mixed Salad</b>
<b>Desserts</b>	<b>Chocolate Shortbread</b> <i>with Fruit Slices *</i>	<b>Lemon Drizzle Cake</b>	<b>Apple and Berry Crumble *</b> <i>with Custard</i>	<b>Ice Cream</b>	<b>Rice Pudding with Peach</b>

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Salad Bar

